

Lee Band Healthy Travel Notes

Prescription Medications:

Students with Asthma should carry their inhalers. If Breathing treatments may be needed- you may pack your nebulizer. We may have one for emergencies, but you must bring your own tubing & mask, & vials of medicine. Students with Epi-Pens should carry them. (they can be held in the med bag during activity if desired). Please print, fill out, & turn in the MISD "Self Administration" form. (it is not necessary to have it signed again by your Dr. if that is already on file with MISD).

Any controlled substance drug (such as ADD meds, or pain meds) that might set off a drug sniffing dog must be kept by the Health Chaperone to be given at the prescribed time. There will be a "med station" at meal times while away on trips – so that the students can stop by and take prescriptions. Each must be in it's original container with correct name, and dose. Please send only enough for the trip. Keep the rest of your supply at home. Please print, fill out & turn in the MISD "Medication Permission" form. These also may be given to the Health Chaperone with the med bottle before we travel. On Travel day- there will be a station to receive your student's meds that will be given during our trip. Parents, please allow time for pill count & permission slip check.

Over –the- Counter- Medicines:

We will no longer be able to provide over- the- counter medicines for common ailments. Parents may, however, provide the band OTC medicines to be provided while the band is away. These must be in the original container and labeled with the student's name and a MISD "Medication Permission" form must be on file. Since these are OTC, the Band Health Chaperone and Assistant Director may keep these through-out marching season.

STUDENTS MAY NOT GIVE OTHER STUDENTS MEDS OF ANY KIND!!

Students will not be allowed to carry baggies of loose pills! We cannot prevent them from being searched, or detained by local authorities—missing out on fun activities while it is determined that they are not carrying illegal drugs!

Students that wear contact lenses must pack their back –up glasses. Pink eye infections are common at school now.

Encourage your student to eat healthy food, drink water, sleep well, & use good handwashing habits for a safe, healthy, trip!